Dear Teachers,

I'm excited about my upcoming visit to your classroom. I've put together a packet of information

that will help us have a mutually successful visit.

In this packet, you'll find the following:

Tips for a Successful Author Visit- I have had the privilege to visit many classrooms and share my

stories and through those visits, have gained some experience about what makes for a successful

visit. These are simply suggestions I'm passing along to you.

Author Visit Schedule- There are two forms attached- one is for Quincy Area Schools Only and

the other is for all other schools. Please have each classroom fill in their desired time slot for the visiting. This must be completed and returned to

(Edenandherhappy@yahoo.com) at least one week prior to my visit.

Order Form- There is an order form attached. Please copy and send home with your students at

least a week prior to my visit with a deadline of your choice. I will fill the orders the day of my

visit and send a book/product home with each student for which an order was placed.

Coloring Pages- There are two coloring pages attached- should you decide to incorporate this

activity into your day, prior to my visit, simply copy the one that corresponds with the book you have chosen for me to read to your class. These may be done in class or sent home with the

students and is simply a tool to get them excited about my visit. The students enjoy having the

coloring pages displayed when I arrive for my visits.

My Manners Checklist- This checklist goes along with my Henry and His Manners presentation.

If you have selected this book for me to read to your class, you have the option to copy the checklist to distribute to each student at the end of my presentation. This is a good activity for

the students as it helps them internalize the message of good manners.

Please don't hesitate to contact me prior to my visit with any questions.

Sincerely,

Tracy Schlepphorst

Edenandherhappy@yahoo.com

Cell: 217-316-1717



#### **Prior to Tracy's Visit**

- ❖ Print out the Coloring Page for the book you have chosen for Tracy's visit and encourage students to color the page prior to the visit. Students enjoy having the pages on display when Tracy visits the classroom.
- Spend classroom time talking about authors the students may know.
- Help students prepare questions they may want to ask Tracy following her program.
- ❖ Advertise Tracy's visit in school newsletter or on website.
- ❖ Feel free to invite parents to be a part of Tracy's visit.
- ❖ If Henry and His Manners is your chosen program, print "My Manners Checklist" for each student and have on hand to pass out to students following Tracy's program.

## Following Tracy's Visit

Spend classroom time with the students writing letters/notes to Tracy about her visit. Letters may be mailed to: Tracy Schlepphorst, PO Box 3029, Quincy IL 62305.

### **Author Visit Schedule**

Circle one:

'Eden and Her Happy' 'Henry and His Manners' 'Eden and Her Joy'

'Emotion Belly Yoga' 'The Journey of Emotion Belly Books'

Please sign your class up (Teacher/Room Number) for a 30-minute visit with author Tracy Schlepphorst. Her visit will include reading and discussing the writing process of her book. She will also help students better understand the importance of listening to their emotions. Feel free to combine classes as needed.

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Once all requested slots are filled, please return to: <u>Edenandherhappy@yahoo.com</u> at least one week prior to visit date.

# **Author Visit for Quincy Area Schools Only**

Circle one:

'Eden and Her Happy' 'Henry and His Manners' 'Eden and Her Joy'

'Emotion Belly Yoga' 'The Journey of Emotion Belly Books'

Please sign your class up (Teacher/Room Number) for a 30-minute visit with author Tracy Schlepphorst. Her visit will include reading and discussing the writing process of her book. She will also help students better understand the importance of listening to their emotions.

Feel free to combine classes as needed.

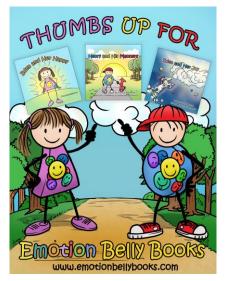
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Tracy Schlepphorst, M.Ed., author and creator of the Emotion Belly Books Series will be sharing her love of reading and writing, along with her very important message of "Happy on the inside" with your children. At the end of her visit she will sign books for any students who wish to purchase them.

#### **BOOK DESCRIPTIONS**

**Eden and Her Happy:** One day Eden wakes up and thinks her Happy is gone. Her emotions take over as she searches in all of the wrong places for her Happy. You will never guess where she finally finds it. **Henry and His Manners:** Henry learns the importance of manners when he wakes up one morning without them. Follow Henry as he goes through his day and watch his manners try to catch him.

Manners Doll: 12-inch stuffed Mr. Manners; now your kids can literally take their manners with them. (see website for pictures)

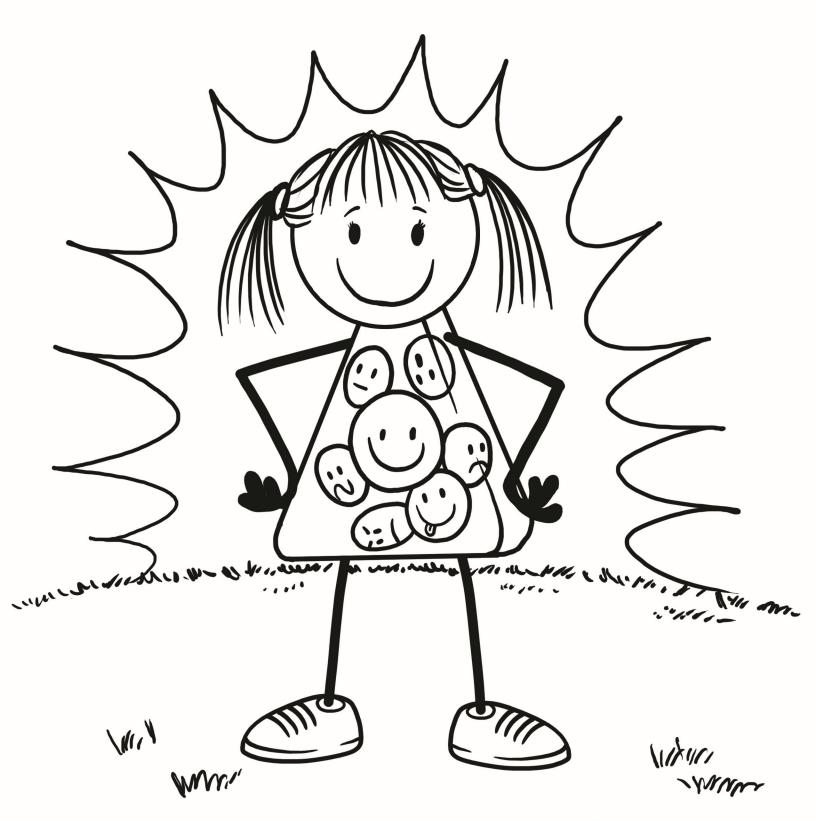
**Eden and Her Joy:** Eden shares her personal journey of loss, love, and connection. Follow Eden through the untimely loss of her dad. Watch her emotions and the emotions of those she loves. Experience the return of her happy as she realizes that the love of her dad is a forever love.

You may purchase books by visiting <a href="www.emotionbellybooks.com">www.emotionbellybooks.com</a>. You will notice the cost of books will be more on the "SHOP" Page, but you will get the discounted school cost by entering <a href="Code">Code</a>: SCHOOL at checkout. You may also purchase books by filling out the form below. Each order comes packaged in the Emotion Belly Books Coloring Box.

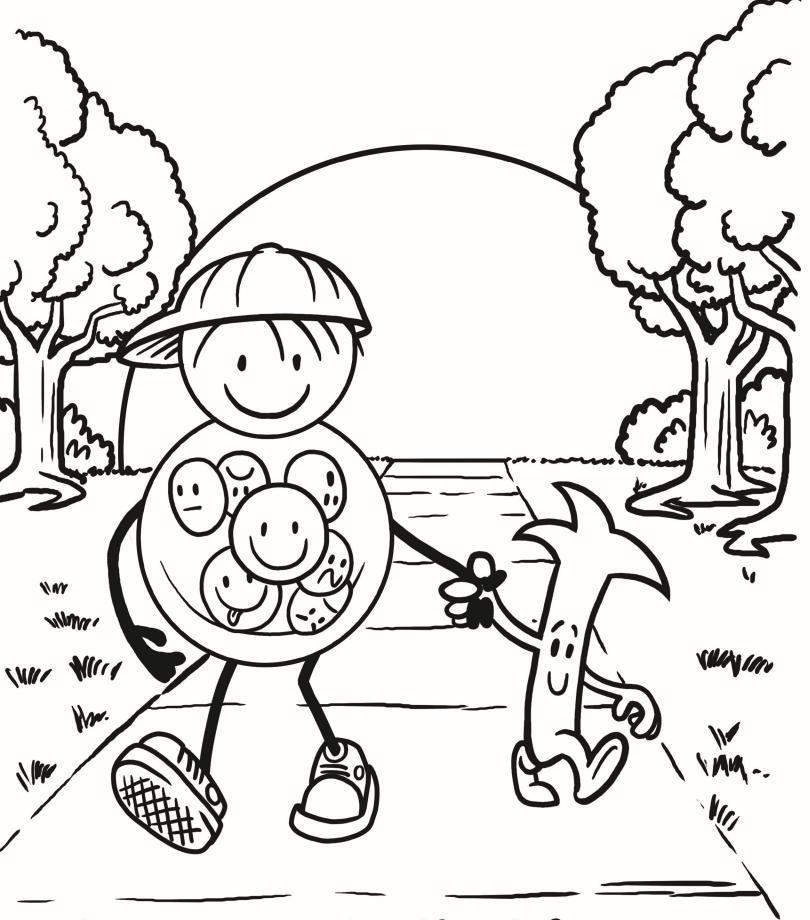
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STUDENT'S NAME:		
TEACHER'S NAME:	GRADE:	

Cash or Checks to: Fmotion Belly Books

TITLE	PRICE	QUANTITY	AUTOGRAPHED TO
Eden and Her Happy	\$10.00		
Henry and His Manners	\$10.00		
Manners Doll	\$8.00		
Eden and Her Joy	\$10.00		
Total Due			



Eden and Her Happy



Henry and His Manners



# My Manners Checklist

I brush my teeth and hair.
I say please and thank you.
I say hello and good-bye.
I wait my turn.
I raise my hand.
I say excuse me if I toot or burp.
I wash my hands after using the restroom.
I wash my hands before eating.
I sit at the table properly.
I use my utensils when eating.
I chew with my mouth closed.
I don't talk with food in my mouth.
I clean up after myself.
I cover my mouth when I sneeze.
I am kind to myself and others.